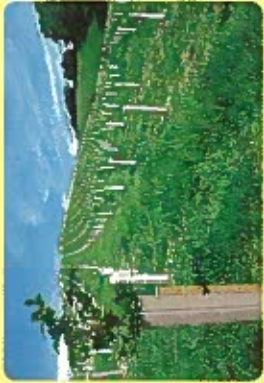






TRENT & MERSEY CANAL



EAST HILL WOOD

of the Trent valley and surrounding countryside.

Plateau, where you are rewarded with further views  
climb up from Tatenhill village to the Needwood  
extra loop onto the East Hill Wood route as you  
4.2 miles (6.8 km), 2 1/2 hours - this route adds an

#### Tatenhill Common Route

through an ancient woodland at Battlestead Hill.

and surrounding countryside. The route continues  
through the attractive village of Tatenhill and  
tree planting and take in views of the Trent Valley  
explore East Hill Wood a new area of National Forest  
3.1 miles (5 km), 1 1/4 hours - this route allows you to

#### East Hill Wood Route

a possible stop for refreshment at the Bridge Inn.

giving a chance to glimpse wildlife in and around the  
water park, a look at the Trent & Mersey Canal and  
1.7 miles (2.9 km), 1 hour - a short low level route

#### Lowland Route

## The Routes



TATENHILL LOCK

(see map for detail).

#### EASE OF USE

can be wet and muddy in certain conditions.

at certain sections and conditions underfoot  
the leaflet some steep climbs will be necessary  
gates and kissing gates. On the longer routes in  
where necessary or replaced where possible with  
these have been improved to a two step stile

cases stiles will need to be negotiated, although  
All routes in this leaflet cross farmland, and in all

#### ACKNOWLEDGEMENTS

route, and all who contributed information to the text.

#### WHEN WALKING IN THE COUNTRYSIDE

Please keep to the paths on farmland.

Keep dogs on a lead at all times and always

clean up after your dog.

Leave livestock, crops and machinery alone.

Take your litter home with you.

Take special care on country roads.

Guard against all risk of fire.



TATENHILL VILLAGE

sheet SK02/j12

sheet SK22/j32

sheet 128

Abbots Bromley

Burton-on-Trent

Derby & Burton-on-Trent

Landranger Series:

#### USEFUL MAPS

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#### THE PARKS AND COUNTRYSIDE SERVICE

We are responsible for looking after hundreds of areas of open  
space in East Staffordshire, from town parks, playing fields and  
play areas to locally important wildlife havens including woodlands,  
wetlands and meadows. We also provide advice on sources of  
grant aid, work to help create the National Forest and work to  
improve public access to the countryside.

check with your G.P. before continuing with these walk routes.  
have a health condition that might be aggravated by exercise, then  
longer distances. If you haven't exercised for some time and/or you  
Start off with the short route if you are not used to walking the

As with any form of exercise, it is important to build up gradually.

for 20 - 30 minutes without becoming breathless.

control. Ideally you should be aiming to walk at a brisk pace

Regular slow, long distance exercise is the best for weight

you to feel good and relieve the symptoms of stress.

exercise, like walking, the body releases chemicals that can help  
and improving your aerobic fitness. Through aerobic type

#### HEALTH AND FITNESS FOCUS

Walking is ideal for the build up of stamina. By maintaining a  
steady, rhythmic pace, you will be exercising the heart and lungs,

#### CLOTHING AND FOOTWEAR

Care has been taken to ensure routes are

enjoyable, free from obstruction and easy to follow.

But path conditions vary with the season and it is

recommended that strong waterproof footwear is  
worn and that waterproof clothing is available

should the weather be particularly wet.

#### WAYMARKING

Each route has been waymarked with a distinctive  
disc at any points where the directions of the path  
may be confusing.

#### REFRESHMENTS

Refreshments are available from the Horseshoe  
Inn at Tatenhill and the Bridge Inn at Branston.  
Otherwise it is recommended that some  
refreshments and drinks are taken,  
particularly on the longer routes.



#### EASY WALKS IN EAST STAFFORDSHIRE

This is one of a series of leaflets outlining easy walks for you to try  
in East Staffordshire. If you are not confident about walking in the  
countryside and using public footpaths, why not try these walks

out as an introduction. The paths have been clearly marked with  
distinctive arrows and a selection of routes provided allowing you

a choice of distances to walk.

#### BATTLESTEAD AND BACK - STARTING POINT

Branston Water Park: Access by car is from the A38 (north-bound  
only) between the Barton and Branston interchanges.

Follow the brown tourism signs. Access by foot is possible  
along the subway from Tatenhill Lane

in Branston. Arriva Buses 12, 112  
and 812 travel from Burton  
to Branston Village.



BRANSTON WATER PARK

TOLCHIELD



TATENHILL VILLAGE



TATENHILL VILLAGE

- If you require further information about this route or other Easy Walks Leaflets
- If you encounter any difficulties using the route.
- If you would like to make any other comments.

#### FURTHER INFORMATION / FEEDBACK

Please Contact us at:

#### Parks and Countryside Service

East Staffordshire Borough Council

Community Services, Midland Grain Warehouse

Derby Street, Burton upon Trent, Staffordshire, DE14 2JJ

or telephone 01283 508730

TRENT & MERSEY CANAL



# Battlestead and Back

## Easy Walks in East Staffordshire

